

Kiddies Eco Action Plan

Topic	Proposed action	How you can support
Healthy Living	<ul style="list-style-type: none"> 🌿 Provide daily opportunities for physical exercise 🌿 Provide healthy meals and snacks to all children 🌿 Teach children the importance of healthy food and exercise 🌿 Children to have access to fresh drinking water as and when they want it 	<ul style="list-style-type: none"> 🌿 Support us by creating opportunities for physical exercise 🌿 Support us by offering healthy food alternatives at home 🌿 Perhaps point out healthy foods in the supermarket, talk about healthy food
Waste	<ul style="list-style-type: none"> 🌿 Reduce waste by monitoring the consumption of resources and equipment 🌿 Re-use items such as water bottles, yoghurt pots, toilet roll tubes in craft activities 🌿 Encourage our children to use both sides of a piece of paper 🌿 Place a paper recycle bin in each creative room 🌿 Make sure we compost all food and garden 	<ul style="list-style-type: none"> 🌿 Bring in old news papers for us to use in our creative work 🌿 Explain what the household recycling boxes are for and encourage your child to use it 🌿 Point out the large recycling units at supermarkets and such places, perhaps provide an opportunity for your child to use it

	<p>waste in our compost bins</p> <ul style="list-style-type: none"> 🌿 Recycle used inkjet cartridges 	<ul style="list-style-type: none"> 🌿 Bring in your used inkjet cartridges for us to recycle
Energy	<ul style="list-style-type: none"> 🌿 Encourage children to turn equipment off after use 🌿 Ensure staff are turning off lights and equipment after use 🌿 Turn the heating down instead of opening the window 🌿 Closing doors behind us 🌿 Wash at 30 where possible 🌿 Changing to energy efficient light bulbs where possible 	<ul style="list-style-type: none"> 🌿 Support us by implementing some of these idea's at home, it may benefit you in the long run too 🌿 Encouraging your child to talk about what they have learnt 🌿 Encouraging your child to turn lights off and close doors behind them